

The Sixth Annual Winter Green-Up Grass-Fed Grazing Conference

Friday, January 31, 2014

8:30 am – 8:30 pm

&

Saturday, February 1, 2014

8:00 am – 4:00 pm

To be preceded by:

The Second Northeast Silvopasture Conference

Thursday, January 30, 2014

8:30 am – 5:30 pm

All three days at

The Century House

Rte 9 (Exit 7 off the Northway) Latham, NY 12210

For more information on this event go to

http://www.ccealbany.com/PDF/WGU_2014.pdf



Cornell University
Cooperative Extension

Cornell Cooperative Extension of the Capital Region

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Improving Lives and Communities



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CALENDAR OF EVENTS

JANUARY 2014

1/6/2014	6:00 PM - 7:30 PM	Save Energy Save Dollars - Learn how to save money by reducing your home energy consumption via low-cost & no-cost energy conservation methods. Participants receive 3 free compact fluorescent light bulbs (limit one offer per household). Door prizes & light refreshments will be offered. For more information contact Diane Whitten, Cornell Cooperative Extension of Saratoga County 518-885-8995	Saratoga Town Hall 12 Spring Street Schuylerville, NY 12871
1/7/2014	1:00 PM - 2:30 PM	Save Energy, Save Dollars - Workshop provides low-cost & no-cost ways to save energy & reduce energy bills. Workshop participants will receive 3 free compact fluorescent light bulbs (CFLs) & be entered into a raffle to win a free energy kit, which includes weather-stripping, shrink window insulation, faucet aerator; outlet and light switch gaskets, & more. Please register by calling 518-765-3559.	CCE/CHOICES Faith Plaza Ravena, NY 12143
1/7/2014	7:45 AM Registration 8:00 AM - 5:00 PM	EPA's Lead Renovation, Repair, & Painting (RRP) Initial Training - The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing & child occupied facilities built before 1978 be trained & certified as a renovator. RRP Initial classes are 8 hours & include a light breakfast & lunch. There is no cost to attend but pre-registration is required. NYS code officials successfully completing CCE Albany County's 8 hour EPA RRP Initial training course will receive 8 CEUs. For more information, contact Nancy at NKL1@cornell.edu or call 518-765-3521 or Lisa at LKC29@cornell.edu & 518-765-3512. Registration is available online at http://pub.cce.cornell.edu/event_registration/main/events.cfm	Albany Community Development Agency 200 Henry Johnson Blvd. Albany, NY 12210
1/8/2014 - 2/12/2014	3:00 PM - 5:00 PM	4-H After-School Program - Enrolled youth will experience 4-H youth development as they prepare healthy snacks & participate in a hands-on general science curriculum which incorporates topics such as recycling & geology. This program is open to youth enrolled in the Watervliet Civic Center's After-School Program at Watervliet Elementary School. There is no fee for this program. Contact Barbara Floeser, Cornell Cooperative Extension, Albany County (518) 765-3500 for more information.	Watervliet Elementary School After-School Program Watervliet, NY
1/8/2014	9:00 AM - 3:30 PM	2014 Farm Succession & Transfer - Farm Succession & Transfer: Avoiding Shrink in your Business. Topics will include: Transfer of Management Skills; Developing an Advisory Team; Resources Available; Risk Management. A farmer panel will present some real-life examples. Class is sponsored by USDA's Risk Management Crop Insurance program & NYS Department of Ag & Markets. Registration for class & lunch is \$60/1st person. (Discount for early registration received before 12/8 \$45/person). Each additional person from the <u>SAME</u> farm business \$15. To register, call Gale at 765-3579 or call Sandy at 518-380-1498 or sab22@cornell.edu . You may register online at: https://reg.cce.cornell.edu/CAHP_Estate_Planning_201	The Century House Conference Center 997 New Loudon Road (Route 9) Latham, NY
1/9/2014 - 2/13/2014	4:15 PM - 5:00 PM	4-H After-School Program - Enrolled youth will experience 4-H youth development as they prepare healthy snacks & learn basic photography skills which they will use to create their own cookbooks. This program is open to youth enrolled in the Hackett Middle School Extended Day Program. There is no fee for this program. For more information contact Barbara Floeser Cornell Cooperative Extension, Albany County (518) 765-3500.	Hackett Middle School Extended Day Program Albany, NY 12202
1/9, 1/16, 1/23/2014	1:00 PM - 2:30 PM	Dining With Diabetes - A series of 3 classes for people with diabetes & their family members. The course will include information about healthy sources of carbohydrates, as well as meal planning strategies. Interactive discussions will encourage participants to adopt healthy habits for managing diabetes. Food demonstrations & samples will be included in each class. Cost: FREE. For more information contact Diane Whitten, Cornell Cooperative Extension of Saratoga County 518-885-8995	Moreau Community Center 144 Main Street South Glens Falls, NY 12803

continued on next page...

CAPITAL REGION CORNELL COOPERATIVE EXTENSION • CALENDAR OF EVENTS continued...

1/9/2014	6:00 PM - 8:30 PM	Equine Nutrition Workshop - Learn about the nutritional value of different types of hay for your horse. Our guest speaker Paul Sirois holds degrees in animal science from Rutgers University & the University of Minnesota, has worked as a nutritionist, & is currently Director of Forage Laboratory Services for Equi-Analytical Laboratories. During this workshop you will see actual bales of hay with their nutritional analysis, learn to recognize a quality bale of hay, gain an understanding of forage analysis testing for feed quality, & find out how to find the best feed for your horse. Cost is \$10.00. Please RSVP to Sharon LaPier (518) 885-8995.	Cornell Cooperative Extension of Saratoga County 50 West High Street Ballston Spa, NY 12020
1/9/2014-2/6/2014	6:30 PM - 8:30 PM	Community Parent Education – Classes meet each Thursday night from 6:00 pm - 8:00 pm. Parents will develop effective communication skills, develop and practice positive non-violent discipline skills and learn how to build a healthy positive relationship with their children. Classes are \$10 for Washington County Residents and \$20 for out of county residents. Call 746-2560 to enroll.	Fort Edward Location
1/11/2014	8:00 AM - 3:30 PM	So You've Bought the Farm...Now What? - This program is designed to help landowners with little or no farming experience make use of their land resources in a manner that fits their personal & business goals. Two general sessions will be offered in the subjects of: Your Land as an Asset & Resource - An overview of how you can maintain your land's value & assess its potential for agricultural production & Make your farm enterprise a business! - Sales tax, ag assessment, schedule 1040F, & enterprise budgeting. Breakout sessions will include: Is there an agricultural enterprise for you? What you will need to know to make a decision. Choose from: Livestock - beef, sheep, goat, poultry, equine & swine, Fruits & Vegetables, Greenhouse & Nursery, Agroforestry & Forestry. Pre-registration is required! Fee: \$20.00 per person \$5.00 per additional family member (includes beverages & materials, lunch is on your own). To register contact Cornell Cooperative Extension of Herkimer County, no later than one week prior to the workshop (315) 866-7920.	Cornell Cooperative Extension of Saratoga 50 West High Street, Ballston Spa, NY 12020
1/13/2014	6:00 PM - 7:30 PM	Recyclemania! Repurposing LP Records & More - This workshop is for kids in grades 3+ (need not be a 4-H member). You will make a storage bin from LP records & their jackets & wearable art from soda can tabs - belts, bracelets, necklaces, etc. 4-H members - these will fit the recycled category at our local fairs. Elizabeth & Sarah Meyers, 4-H alumni & recyclemania experts, will be teaching this hands-on workshop. Bring at least 6 LP records in their jackets & as many soda can tabs as you can collect. Pre-register by 1/8 - contact Linda Tripp, CCE Columbia -Greene at 828-3346x203 or Lke2@cornell.edu.	Cornell Cooperative Extension Center 479 Route 66 Hudson, NY 12534
1/15/2014	3:00 PM - 4:30 PM & 6:00 PM - 7:30 PM	Save Energy, Save Dollars - Learn how to save money by reducing your home energy consumption via low-cost and no-cost energy conservation methods. Participants receive three free compact fluorescent light bulbs (limit one offer per household). Door prizes & light refreshments will be offered. EmPower workshops are sponsored by the NY State Energy Research & Development Authority (NYSERDA) & developed by Cornell University Cooperative Extension & NYSEERDA. For more information contact Diane Whitten, Cornell Cooperative Extension of Saratoga County 518-885-8995.	Midrise Apartments 180 North Main Street Mechanicville, NY 12118 3:00 PM - 4:30 PM & Mechanicville Public Library 190 North Main Street Mechanicville, NY 12118 6:00 PM - 7:30 PM
1/16/2014	5:30 PM - 7:00 PM	Save Energy, Save Dollars - Workshop provides low-cost & no-cost ways to save energy & reduce energy bills. Workshop participants will receive three free compact fluorescent light bulbs (CFLs) & be entered into a raffle to win a free energy kit, which includes weather-stripping, shrink window insulation, faucet aerator; outlet & light switch gaskets, & more. Registration is required by calling Maria DeLucia-Evans, Cornell Cooperative Extension 518-765-3559.	Coeymans Beautification Building 70 Main Street Coeymans, NY 12045
1/16/2014	7:45 AM - 5:00 PM	EPA's Lead Renovation, Repair, & Painting Training - The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing & child occupied facilities built before 1978 be trained & certified as a renovator. RRP Initial classes are 8 hours & include a light breakfast & lunch. There is no cost to attend but pre-registration is required. NYS code officials successfully completing Cornell Cooperative Extension Albany County's 8 hour EPA RRP Initial training course will receive 8 CEUs. For more information, contact Nancy at NKL1@cornell.edu or call 518-765-3521 or Lisa at LKC29@cornell.edu or 518-765-3512. Registration is available online at http://pub.cce.cornell.edu/event_registration/main/events.cfm	Albany Jewish Community Center 340 Whitehall Road Albany, NY 12208
1/18/2014	9:00 AM - 12:00 PM	Basic Farm Business Management Planning - Helping your farm business achieve success. Registration is \$25. For more info contact Sandy Buxton 518-380-1498 or sab22@cornell.edu.	Cornell Cooperative Extension Washington County 415 Lower Main Street Hudson Falls, NY 12839
1/22/2014	6:30 PM - 8:00 PM	Save Energy, Save Dollars - Workshop provides low-cost & no-cost ways to save energy & reduce energy bills. Workshop participants will receive three free compact fluorescent light bulbs (CFLs) & be entered into a raffle to win a free energy kit. Please register by calling Maria DeLucia-Evans 518-765-3559.	Rensselaer Public Library 676 East Street Rensselaer, NY 12144
1/22/2014	2:00 PM - 3:30 PM	Save Energy, Save Dollars - Learn how to save money by reducing your home energy consumption via low-cost & no-cost energy conservation methods. Participants receive three free compact fluorescent light bulbs (limit one offer per household). Door prizes & light refreshments will be offered. Contact Diane Whitten Cornell Cooperative Extension of Saratoga County at 518-885-8995	Raymond Watkins Apartments 57 Ballston Ave Saratoga Springs, NY 12866
1/23/2014	7:45 AM - 5:00 PM	EPA's Lead Renovation, Repair, and Painting (RRP) Initial Training - The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing & child occupied facilities built before 1978 be trained and certified as a renovator. RRP Initial classes are 8 hours & include a light breakfast & lunch. There is no cost to attend but pre-registration is required. NYS code officials successfully completing Cornell Cooperative Extension Albany County's 8 hour EPA RRP Initial training course will receive 8 CEUs. For more information, contact Nancy at NKL1@cornell.edu and 518-765-3521 or Lisa at LKC29@cornell.edu and 518-765-3512. Registration is available online at http://pub.cce.cornell.edu/event_registration/main/events.cfm	Steinmetz Community Room 120 Emmons Street Schenectady, NY 12305
1/25/2014	1:00 PM - 4:30 PM	Beginning Beekeeper Workshop - Program will cover necessary equipment, how to order bees, cost, how to maintain a hive, & learn to identify problems. January is the perfect month to begin thinking about your beekeeping future, which could start this spring with your first hive. The planet needs more beekeepers like you & the honeybee is in trouble. The honeybee is essential to agriculture & is an important part of the environment. This course will have something for everyone no matter what your level. We will have plenty of time for questions, discussion & demonstrations. Become familiar with the Catskill Mountain Beekeepers Club which started in 1996 with a handful of dedicated & experienced people & who now has over 100 member families who raise bees, teach others about beekeeping, & sell their hive products. Contact Cornell Cooperative Extension of Columbia & Greene for more information 518-622-9820 x 0	Agroforestry Resource Center 6055 Route 23 Acra, NY 12405
1/25/2014	8:00 AM - 4:00 PM	The Sportsman Educators Workshop - Agenda: Youth Updates, Investing in our Future, 10 Top Questions, Complaints, & Concerns, Environment Conservation Officers Q & A, The Sportsman Education Administrator & NYS DEC Sportsman staff past & future plans, 2014 Changes & Challenges - Gordon Batcheller, Legislative positions from our elected officials. Afternoon Sessions - A. All the toys - using teaching tools. B. CSI Country - From the case studies of NY Encon Officers straight from their reports. C. Specialized equipment relating to today's hunters D. Trapping Initiatives - The Bobcat master plan & new regulations, featuring Gordon Batcheller & members of the Joint Trapping Initiative. Cost: \$15.00 registration fee for NYS DEC instructors. \$25.00 registration fee for all others. A great lunch & a special gift is being ordered for you, but only for the first 200 to register. Contact Cornell Cooperative Extension of Saratoga 518-885-8995.	Cornell Cooperative Extension of Saratoga County 50 West High Street Ballston Spa, NY 12020
1/27/2014	6:00 PM - 8:00 PM	Window Replacement Workshop - This class is designed to teach landlords, homeowners, tenants, & contractors how to replace old windows using lead safe work practices. Workshop topics include: lead poisoning prevention education, tools needed, cost benefits, & energy savings. Educational resources & free cleaning supplies will be provided. No charge for the class however pre-registration is required. Register online at https://reg.cce.cornell.edu/WindowReplacementWorkshop1030_201 OR call 518-765-3512 OR 518-765-3521.	Pine Hills Branch Library 517 Western Avenue Albany, NY 12208
1/27/2014 & 1/28/2014	6:00 PM - 7:30 PM	Radon Workshop - Topics to be covered include an overview of radon, how it enters your home, health risks, testing, & mitigation. Free radon test kits & educational materials will be available. To sign up & for more information email Steffen at sms525@cornell.edu or call at 518-765-3529. Registration is also available at https://reg.cce.cornell.edu/RadonAwareness012814_2_201	Voorheesville Public Library 51 School Road Voorheesville, NY 12186 1/27/2014 & Watervliet Public Library 1501 Broadway Watervliet, NY 12189 1/28/2014
1/29/2014	6:00 PM - 7:30 PM	Save Energy, Save Dollars - Workshop provides low-cost & no-cost ways to save energy & reduce energy bills. Workshop participants will receive three free compact fluorescent light bulbs (CFLs) and be entered into a raffle to win a free energy kit. Advanced registration is required. Please register by calling 518.765.3559.	Troy Public Library Main Branch, 100 2nd St. Troy, NY 12180
1/30/2014	8:00 AM - 5:00 PM	ServSafe Food Protection Course and Exam - Participants will learn about foodborne illness, how to prevent it, & how to train employees in food sanitation. The fee of \$165 includes 8 hours of instruction, the exam for the Food Protection Manager certification, & the ServSafe Manager book. Lunch will be provided. ServSafe certificate will be issued upon successful completion of the exam, valid for 5 years. For those only wishing to take the exam for recertification, the fee is \$60, & the exam will be given at 5 pm. Registration with payment is required by January 13. For more information call Sandra Varno at 765-3554 or email at swv2@cornell.edu. Online registration through PayPal is available at https://reg.cce.cornell.edu/ServSafeJan30Training-2_201 for the full course or https://reg.cce.cornell.edu/ServSafeJan30Examonly-2_201 for the exam only.	Cornell Cooperative Extension of Albany County 24 Martin Road Voorheesville, NY 12186